



Specialised Capacity Building Program

on

Human Resource Management (HRM)

22 - 26 September 2025

Week 1 : Schedule

Monday, 22nd September 2025		
09:00-09:15	Opening Ceremony of the HRM program	Course Director
09:15-09:30	Overview of the HRM Program	Admin
09:30-11:45	Introduction to Strategic HRM across Postal Sector	Course Director
11:45-13:15	Lunch	
13:15-14:45	Workplace Well-being and Productivity in Japan	Mr.Ken
15:00-16:15	Case Study on Talent Acquisition and Retention	Course Director
Tuesday, 23rd September 2025		
08:30-10:00	Human Resource Information System (HRIS) in Thailand Post	Guest Speaker from TH Post
10:15-11:45	Welfare Management for Employees in Thailand Post and Visit to Sports Center	Continued by Guest Speaker
11:45-13:15	Lunch	
13:15-16:15	Visit to Grand Post Office and Thailand Creative and Design Center	Course Director
Wednesday, 24th September 2025		
08:30-10:00	Personnel Development and Training Initiatives in Thailand Post	Guest Speaker from TH Post
10:15-11:45	Visit to Postal School and Training Center	Course Director
11:45-13:15	Lunch	
13:15-16:15	Visit to Samsen Nai Postoffice	Course Director
Thursday, 25th September 2025		
08:30-10:00	Navigating Staff Relations: Unions and Associations	Course Director
10:15-11:45	Innovative HR Practices across Asia-Pacific Postal Services and Beyond	Course Director
11:45-13:15	Lunch	
13:15-16:15	Visit to Thai Health Promotion Center	Course Director
Friday, 26th September 2025		
08:30-10:30	Performance Management across Sector	Course Director
10:45-11:45	Graduation Ceremony	Secretary-General
11:45-13:45	Farewell Lunch	

Coffee Break will be from 10:00 to 10:15 hrs. and 14:45 to 1500 hrs. of everyday.