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Key Topics Covered

- Postal sector change and e-commerce opportunities
- Postal e-commerce logistics and supply chain management
- UPU PTC e-commerce IT solutions
- Sustainable development in the postal sector
- E-commerce supply chain models and strategies
- Technology applications in e-commerce supply chains
- Last-mile delivery and international mail transport
- Postal e-commerce improvement planning



Course Director

Ms. Yu Yan has over 20 years of postal experience. She spent a decade in China Post operations, including two years at UPU's EMS Unit. Later, she joined the State Post Bureau (P.R. China), gaining deep regulatory expertise. She joined APPC in 2019 as Course Director and now serves as Manager of the Consultancy Section at APPU

About the Course

The E-Commerce Solutions and Supply Chain Management (ESC) course is a three-week residential training programme for postal managers and officials involved in e-commerce, logistics and operational planning. Conducted at the Asian-Pacific Postal College (APPC) in Bangkok, the course explores postal e-commerce solutions, supply chain management and sustainable development. Expert-led workshops, field visits and an on-course project help participants apply their learning to postal operations.

Course Objectives

- Understand changes in the postal sector and opportunities in e-commerce.
- Explore postal e-commerce logistics and supply chain management.
- Identify technologies that support e-commerce supply chains.
- Examine last-mile delivery and international mail transport.
- Understand sustainable development in the postal sector.
- Develop an improvement plan for postal e-commerce operations.

Asian-Pacific Postal College

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E-Commerce Solutions and Supply Chain Management (ESC) Course

19 October – 6 November 2026

Special Features

- Field visits to local post office and distribution center
- Expert-led workshops on supply chain management and sustainable development
- Dedicated Supply Chain Management Workshop
- Pre-course presentations, interactive sessions and an on-course project
- Cultural exchange and International Food Festival